

# ALLERGENS

A Simple Resource & Reference Guide

#### WHEAT/FLOUR

Fried Chicken
Fried Cube Steak/Pork
Gravy - Cube Steak/Pork
Gravy - Roast Beef
Stewed Tomatoes
Boiled Potatoes
Cream Corn
Mac & Cheese
Cobbler
Rolls
Cornbread

## PEANUT OIL

Fried Chicken Fried Cube Steak/Pork Brunswick Stew Collard Greens Cornbread

## MILK/DAIRY

Fried Chicken
Stewed Tomatoes
Mashed Potatoes
Boiled Potatoes\*
Cream Corn\*
Mac & Cheese
Peas \*^
Yams \*
Cobbler
Rolls
Cornbread

\* Does NOT contain milk, but DOES contain margerine. ^ Most but not all - Ask Server!

#### **EGGS**

Mac & Cheese Cole Slaw Rolls Combread

Some menu items may be prepared with out certain ingredients. Ask server about availibility.

Most veggie sides are seasoned with pork.











